

CLARKE COURIER

Volume LXIX

Issue #10

Dubuque, Iowa

Friday, December 6, 1996

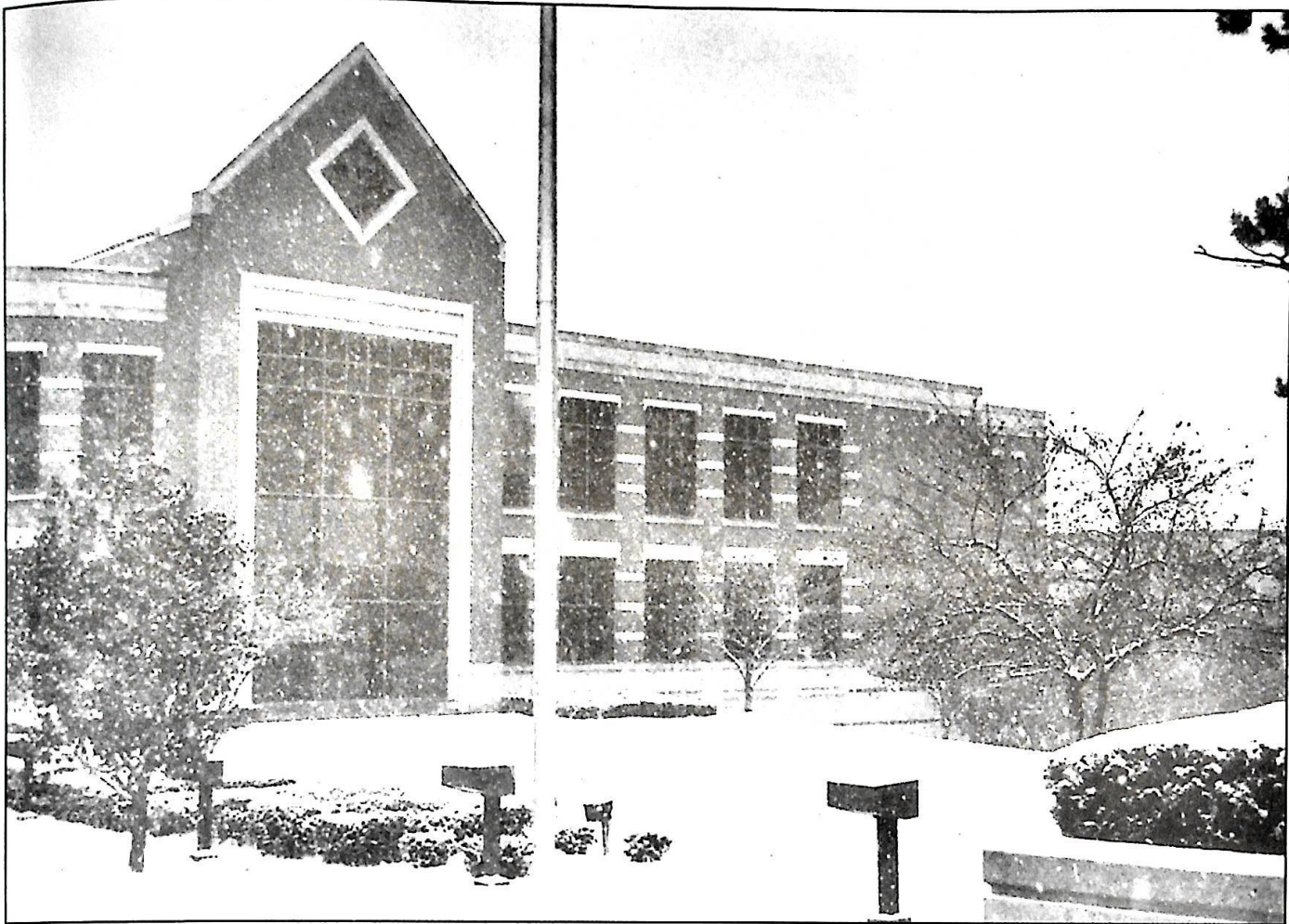
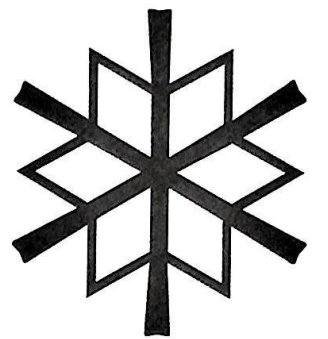


Photo by Evan Siegle



Oh, the weather outside is?

Since returning from Thanksgiving break, Clarke students have learned that Dubuque does indeed experience winter. Students woke up Tuesday morning to a dusting of snow. All will be happy to know that there are only 162 days until graduation is over and summer vacation begins.

Exams: What a gift, Santa

By Katie Kendell

As the first semester of the 1996-97 school year draws to a close, students find themselves in that awful time of year again, final exams. For seniors, these exams are almost welcomed as a sign of their college career coming to an end. For freshmen, their first of many final exams begins in just over a week. No matter where students are in school, every person has his or her own unique way of dealing with the stressful and chaotic time of final exams.

For many of the older students, being 21 and able to go out is a big stress reliever in the time of final exams. According to Mary McKenna, junior biology and nursing major, "I relieve my stress and tension by socializing and mingling in East Dubuque." DeDe McCoy, senior English major and Jennifer Rutledge, senior communication major, second McKenna's motion.

"To relax we often find ourselves at the Circle," Rutledge said. McCoy added, "It's a good way to loosen up and forget about finals for at least a night. Of course, we always get all of our studying done first."

Nicole Walbrun, junior communication major, spends her extra time at the Diamond Jo Casino. "I actually get a lot of studying done on the boat because I work in the gift shop," Walbrun said.

For some more students, finals week is not much different than any other time of the year.

"I usually study every night anyway for about three to four hours so there is no need to panic when finals come around," Amy Jackson, senior social work major said.

It also seems to depend on the type of person you are as to how anxious you get around final exam time. According

to Dave McClure, senior physical therapy major, "I'm not a very stressful person anyway, so finals time is really no different than any other time of the year."

Still other students find themselves doing not-so-ordinary activities as a way to relieve their stress. Ryan Schmidt, junior marketing major, said he likes to use his camcorder to videotape himself and his friends and then watch it later for laughs. "We do some pretty funny stuff," Schmidt said.

Dylan Mosley, junior theatre major, said he likes to lock himself in his room and sing songs to himself. "I find it takes away a little of my excess energy," Mosley said.

Gregg Tranowski, senior physical therapy major, spends his spare time coordinating his closet and his outfits. "It's really important to me to always look professional and clean-cut. By picking out my clothes early it actually gives me more time to study," Tranowski said.

Jodi Johnson, sophomore art major, said she likes to do little things to relax herself. "I learned a trick from some friends one day in the cafe that is really interesting. If you put a raisin in Seven-Up it will bob up and down," Johnson said.

Most students, however, said they usually stick to their normal routines.

Julie Shank, senior elementary education major,

said she likes to curl up with a good book or swim a few laps in the Clarke pool.

Tara Ernst, junior accounting major, said she likes to sit someplace quiet and drink hot cocoa while just reflecting on her classes.

Jervis Hayes, senior computer information systems major, said that he reads his basketball Attitude card religiously. "It has some very calming sayings on it and for me it is relaxing and reminds me of what I am here to do," Hayes said.

Still other students like to participate in more physical activities for some relaxation and enjoyment. Julie Bex, junior communication major, said she

likes to play basketball in her free time. "All the running really gives me a workout and relieves my stress," Bex said.

John Leen, senior music major participates in a unique stress reliever. "I like to fiddle," Leen said. "However, I have found that only the girls like to watch and listen to me."

No matter what your own personal relaxation technique is, Kelly Westergaard, junior theatre major, said she found the sure-fire "helper" in a shiny metallic wrapper.

"Chocolate. Chocolate is the answer to world strife and stress. It will save us all," Westergaard said.



Photo by Chris Brees

Clarke students Michelle McGreevy, Amy Eaton, Mike Harvey, Kris Voss, and Carrie Mayer get together to work on an assignment for one of their classes. Many students are frantically trying to finish those last-minute projects before the semester ends.

man from New Orleans, La., is having his last
The men's basketball season officially opens on

Photo by Evan Siegle



Photo by Evan Siegle
Delta McGee, a member of the men's basketball team, practices a few shots while at practice.

Basketball

UW LaCrosse	Away	7 p.m.
Cornell College	Away	7 p.m.
Monmouth College	Away	7 p.m.
Knox College	Away	3 p.m.
Mt. Mercy College	Home	7 p.m.
Luther College	Home	7 p.m.
Wartburg College	Away	TBA
UW Platteville Tourney	Away	TBA
UW Platteville Tourney	Dub.	7 p.m.
Nat'l Catholic Tourney	Away	7:30 p.m.
Mt. Mercy College	Away	7 p.m.
Rockford College	Away	8 p.m.
Aurora University	Home	7 p.m.
Benedictine College	Home	7:30 p.m.
Concordia University	Away	7 p.m.
Eureka College	Home	7 p.m.
Rockford College	Home	8 p.m.
Aurora University	Away	7 p.m.
UW Platteville Tourney	Away	3 p.m.
UW Platteville Tourney	Away	4 p.m.
UW Platteville Tourney	Home	7 p.m.

NEWS

Singers to display talents abroad

By Angie Bicker

The Clarke Collegiate Singers will spend their holiday break roving around Europe, touring Prague in the Czech Republic; Vienna and Salzburg, Austria; and Munich, Germany, over Christmas break from Dec. 27 to Jan. 6.

John Lease, director of vocal music and tour manager, said the group will stay in the Czech Republic four days, Vienna and Salzburg for two days, and Munich for one day.

The Collegiate Singers have the chance to tour another country every four years. Jeff Pappas, director of choral music, said the group went to Ireland four years ago to celebrate the sesquicentennial of Clarke. He said the trips abroad occur only every four years because international trips are expensive and Clarke also tries to show students America.

"Every four years we have an international tour, and some college choirs never even get to see their own state," Pappas said.

In the past three years the Collegiate Singers have toured major cities in the United States. Pappas said that the group has been to New York, New Orleans, and toured Denver last year.

Pappas said Mark Van Osdol, a pho-

tography instructor and director of the TimeSaver program, took the passport photos for those students who did not have a passport picture already. He said the students are paying for the trip themselves, but fund raisers have also been held to defray the cost.

An international tour provides students with advantages and disadvantages. Pappas said students have to be prepared for unexpected things such as language barriers. An advantage of an international tour is that the cultural experiences are good learning experiences for the students.

The Czech Republic, Vienna, Salzburg, and Munich were chosen for the tour because of historical significance. Pappas said these areas offer a real cultural experience for students and are rich in musical history.

"There is no better place for us to travel as musicians. Composers such as Mozart, Haydn, and Beethoven came from these areas," Pappas said.

The Czech Republic was chosen for the tour because of connections at Clarke. Sister Bertha Fox, a music history instructor, was in the Czech Republic from May to August in 1995. She said she worked at the Strahov monastery library with 15th and 16th century books.

"I loved the people, the city of Prague was beautiful, and the food was wonderful. I also met Simon Kos, a student at the University of Illinois, in Prague who will guide the Collegiate tour. He knows several languages such as English, German, and Czech," she said.

Fox was also in Prague and Vienna during New Years in 1991. She said it was a wonderful experience and that

Clarke honored

Clarke College was invited to be participant institution in the prestigious Pew Higher Education Roundtable, jointly sponsored by the John S. and James L. Knight Foundation and The Pew Charitable Trusts.

Clarke, the only college or university from Iowa, joined a select group of 125 institutions at a working meeting of the Roundtable institutions to discuss issues facing higher education and to organize a problem-solving network to be known as the Knight Collaborative. Bobbe Ames, vice president of institutional marketing and enrollment management; Gail Naughton, vice president for institutional advancement; and Brother John Wozniak, vice president for academic affairs, represented Clarke at the two-day session in St. Louis, Mo. Clarke College will convene a campus roundtable in the 1997-98 academic year as the process is expanded nationwide. ♦

Classifieds

Spring Break Mazatlan.

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Photo by Evan Siegle

Singers rehearse some of the numbers they will sing during upcoming concerts. The Clarke Collegiate Singers will present their winter concert at 8 p.m. Saturday.

there was music everywhere in the streets. She said after the students leave Prague they will also get an understanding of Baroque music.

Lease said this is also an exciting time for the Collegiate Singers to go to the Czech Republic because of the breakdown of Communism.

The Czech Republic also has great connections to Iowa. Lease said Dvorak, a Czech musician, lived in Spillville, Iowa, for a time. He also said Dvorak wrote the New World Symphony.

The Collegiate Singers will stay at a Marriott hotel in Vienna and the Gruener Walt in Salzburg. Lease said students will stay at a boarding school in Prague operated by Dominican sisters. He said Fox had stayed with the sisters in previous summers while doing research.

The Collegiate Singers have a repertoire of 21 songs for the tour. Pappas said

the students will sing standard European repertoire which are songs that came from Europe. He also said they will sing American folk songs such as Shenandoah and a Stephen Foster medley.

Pappas said the group will also sing American spirituals such as Ride on, King Jesus and Christmas carols such as Silent Night.

The students will get the opportunity to perform in special places. Lease said the students will perform at the Salzburger Dome in Salzburg, Austria, where part of "The Sound of Music" was filmed. He also said the group will perform at the Kirche der Jungfrau Maria de Victoria Church, which is a church famous in Catholic history.

Jeff Pappas and his wife, John Lease, Nancy Lease, and Celeste Pechous, assistant director of admissions, will accompany the students on the tour. ♦

Don't forget to reserve your tickets for the Christmas dinner. Reservations are due by noon today.

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The Courier welcomes input from members of the Clarke community. Please send comments to P.O. Box 1508, Clarke College. Letters must be signed and may be edited for content and length.

The Courier is a member of the Associated Collegiate Press.

PT studio

By David Kintzle
This semester the Clarke physical therapy department provided students with the opportunity to personally observe and learn about neuromuscular problems.

Second year students have been working with and observing neurologists in the physical therapy department located on the ground floor of Catherine Hall.

The course is designed to teach students how to assess such things as posture, balance and gait, or stride. There have been several components of observation. This experience has included observation and direct interaction. The subject-patients of these observations ranged in age from infancy to adult.

There were two sessions with the children, one for children through 2 years and another for those through 4 years. These sessions allowed students direct observation of real movement. The sessions were part of a lab on normal movement.

During the time with the adults, students were allowed more direct contact with the subjects. These sessions lasted for an hour and a half on different occasions. This was the first assessment according to Reva Rauk, who teaches class to 30 seniors.

The patients who are all volunteers from the Dubuque community, have some form of neurological dysfunction.

Early Eastern

1996-97 academic

By Maria Ortiz Lleras

Many students have been complaining about Clarke's academic calendar for the 1996-97 year, which extends the fall semester finals to December 19.

Sarah Stadel, a senior nursing major, said that "if the colleges are going to extend from one year to the next, they need to make sure students know what is on. There should be a printed calendar (made) given to the students so accommodation can be made."

Louise Ottavi, associate academic advisor of the Tri-College Calendar Committee, said that "it is almost impossible to make everyone happy, and it was not a charge of working and approving the academic calendar." "It is almost impossible to make everyone happy," she said.

The Tri-College Calendar Committee, composed of Student Life Office representatives and Special Programs Committee members, makes suggestions and comments from those suggestions and comments. The committee decided to eliminate spring break in 1996-1997 academic year because Easter is early this year.

Spring Break is usually a week in early March and is usually in April. This year, March 30 and the combined break runs from 23 to 31. Classes resume April 1.

"I was mad about the combined break. I usually work both breaks. The combined breaks I'll be short a music pay check," junior Catholic Wilson said.

"It doesn't give people enough time with the Easter break, the school should have still provide even if it is only a Catholic institution, another week for an international business."

ENTERTAINMENT

PT students observe, assess volunteers

By David Kintzle

This semester the Clarke physical therapy department provided students with the opportunity to personally observe and learn about neuromuscular problems.

Second year students have been working with and observing neurological patients in the physical therapy lab, located on the ground floor of Catherine Byrne Hall.

The course is designed to teach students how to assess such things as patient balance and gait, or stride. There have been several components of observation. This experience has included observation and direct interaction. The subject-participants of these observations ranged in age from infancy to adult.

There were two sessions with the children, one for children through 2 years and another for those through 4 years. These sessions allowed students direct observation of real movement. The sessions were part of a lab on normal movement.

During the time with the adults, students were allowed more direct contact with the subjects. These sessions lasted for an hour and a half on different occasions. This was the first assessment, according to Reva Rauk, who teaches the class to 30 seniors.

The patients, who are all volunteers from the Dubuque community, have some form of neurological dysfunction,

Rauk said. Their conditions have been caused by such things as stroke, polio, multiple sclerosis and brain injury.

All the patients have previous or ongoing experience with other rehabilitation programs. This experience did not interfere with that, physical therapy student Sara Vaughn said. They are very open to the experience, Rauk said.

Vaughn, a senior from Pekin, Ill., said that the experience has been helpful because real skills come from being able to identify abnormalities in balance, posture and gait.

The students were familiar with the principles of the rehabilitation process.

Over the summer they had clinical rotations, Vaughn said. They wanted to be able to practice the skills they learned on patients during the school year and not have to wait for summer clinicals. Rauk and the adjunct faculty help to set this up, Vaughn said.

Students meet with the patients twice. During the first meeting an initial evaluation of the patient was performed. Areas covered included finding out about the patient's primary problem, directly observing the patient's posture and conducting specialized standardized tests to analyze gait, balance and motor control, Vaughn said.

The students learned skills of interviewing and assessing, Vaughn said.

The students worked in groups of two and three, Rauk said. This arrangement

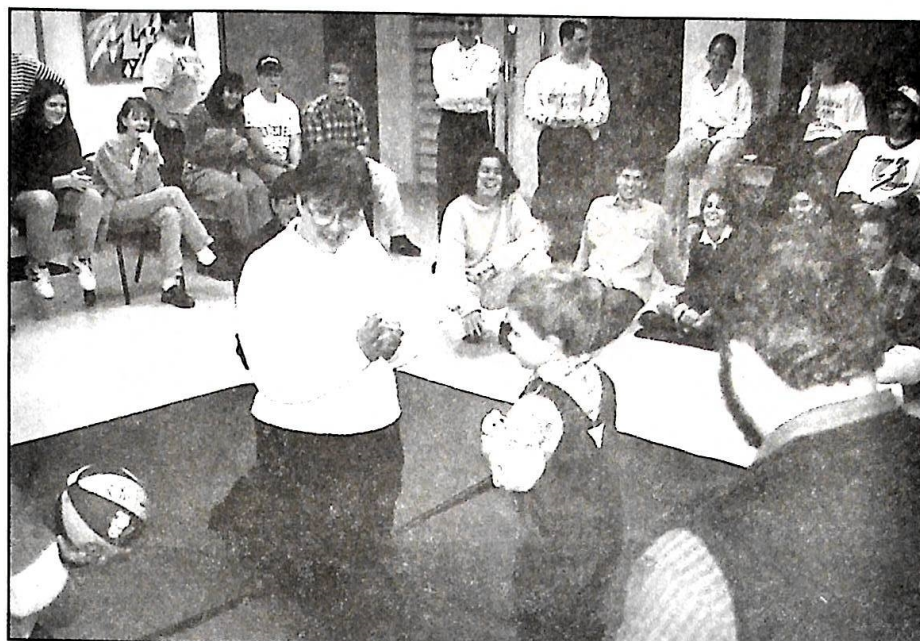


Photo by Evan Siegle

Physical therapy students observe one of the youngsters who came to their class so they could observe the youth's normal movements. The students have also observed adults with neuromuscular problems.

ensured both patient comfort and sharing of information, Vaughn said. The class then took the information and put it into a clinical documentation format.

This information then helped students to devise a "treatment program" for the patient. The class wasn't documenting progress, Rauk said, because they are not treating the patients. This project was for educational purposes.

Although the physical therapy depart-

ment has many sophisticated machines that therapists in the community don't have access to, that is not the emphasis of this program, Rauk said.

Rauk and Vaughn both said that "physical therapy focuses on the physical functioning of the patient."

Near the end of the semester the students will be responsible for completion of a clinical evaluation on the progress of the patient.

Early Easter break changes 1996-97 academic calendar

By María Ortiz Lleras

Many students have been complaining about Clarke's academic calendar for the 1996-1997 year, which extends the fall semester finals to Thursday, December 19.

Sarah Stadele, a senior nursing major student, said that "if the colleges are going to change the calendar from one year to the next, they should take measures to make sure students know what is going on. There should be a printed calendar (multi-year) given to the students so accommodations can be made."

Louise Ottavi, associate academic dean, was part of the Tri-College Calendar Committee in charge of working and approving the 1996-1997 academic calendar. "It is almost impossible to accommodate everyone, and it was not an easy job to make everyone happy," she said.

The Tri-College Calendar Committee is composed of Student Life Office staff, faculty, registrars and Special Programs Office staff from Clarke, Loras and the University of Dubuque. This committee makes suggestions and comments to the Tri-College presidents and student deans.

From those suggestions and comments, the committee decided to eliminate spring break for the 1996-1997 academic year because Easter Break is early this year.

Spring Break is usually a week in early March and Easter is usually in April. This year Easter is March 30 and the combined break runs from March 23 to 31. Classes resume April 1.

"I was mad about the combined spring and Easter break. I usually work both breaks and with the combined breaks I'll be short a much-needed pay check," junior music education student Colleen Wilson said.

"It doesn't give people enough time who need to earn money for Christmas presents. I think at a Catholic institution, the school should have a separate Easter break, even if it is only a couple days, and still provide another week for spring break," junior international business student David

Sebranek said.

However, students will get a free day on the Tri-College Weekend in February. Students would have 73 class days during the fall semester and 72 class days during the spring semester.

Although a two-year academic calendar including this year's calendar is in the (blue) 1995-1997 catalog, not every student is aware of that or uses the current catalog.

"The Christmas break schedule this year is really inconvenient for out-of-state students. As Christmas gets closer, prices for plane tickets skyrocket, leaving already poor students like myself even less money with which to buy Christmas presents," said Wendy Schultz, a junior nursing student from Oregon.

"Besides having lot of problems buying my plane ticket because of the high prices, I have to make extra arrangements with the school or with some friends to stay in the area 24 hours after my finals. The Mary Benedict Residence Hall closes at 6 p.m. on December 20 and I fly out of Dubuque on December 21, the only day available when my parents made my reservations in October. It is an inconvenience for me," said Carolyn Maldonado, a freshman student from Puerto Rico.

Other students like Laena Magnifico, a junior special education, said that "we get only a few days off before Christmas. It makes it difficult for people like me who have to work to make money for Christmas presents. It also doesn't allow enough time to get into the Christmas spirit."

"It's hard finding a job because we get home so close to Christmas. Before we could work almost four weeks and now we can really only work three," junior physical therapy student Meggan Healy said.

"We don't have a chance to enjoy the Christmas season with our families. By the time we get home and finish our shopping, Christmas is already here and we miss the excitement," junior special education student Mandy Starr said.

Workshops focus on relaxation techniques

By Ryan Pierson

One way of relaxing and reducing stress is to exercise. Dan Corken recently discussed the topic of exercise and wellness as a part of a series of discussions on relaxation.

One of the things Corken focused on was the importance of play, Bud Edwards, director of counseling, said. He talked about the Kehl Center facilities and the programs they have to offer. Some of the intramural and fitness programs include: aerobics, badminton, ballroom and country dancing, ballet, basketball, bowling, croquet, fitness trail, flag football, golf, tae kwon do, tennis, racquetball, roller skating, sand volleyball, skiing-alpine and nordic, softball, volleyball, water polo, and weight training.

One program he specifically talked about was the wellness program, Edwards said. "You take a test in which you give information about your physical health, diet, and sleep and also the areas you want to target, for example; swimming, running, and bicycling. You put this information in the computer and it gives you a 10-week program for the areas you targeted," Edwards said.

Edwards said that Corken emphasized the importance of play because it is a way of releasing built-up energy and also gives you a chance to have fun. "Research shows people who are in good physical shape tend to deal better with stress," Edwards said.

Edwards and senior physical therapy students did a presentation on how massage therapy can reduce stress. "The focus of the massage therapy was on the back massage," Edwards said. They focused on two forms of massage.

"Effleurage is a whole-hand technique in which you start from the bottom of one side of the back and work your way up to the shoulder and then alternate sides," Edwards said.

"Petrissage focuses more on putting pressure on the muscle groups of the back. You work from the bottom of one side of the back and work your way up to the shoulder and then alternate sides. You should not rub across the spinal column," Edwards said.

Another way of relaxing is through meditation. "The focus of the meditation presentation was to show how it is a way to disengage from stressful events and to emphasize making it a part of people's lifestyle," Edwards said.

"The technique I focused on was guided imagery. Guided imagery is a mental picture of a comfortable and safe place. In this place, you progressively relax the different muscle groups," Edwards said.

Edwards said the guided imagery method is important to do twice a day, preferable in the middle of the day, when people are most stressed, and before bedtime.

SPORTS

Hands-on training

By Julie Bex

An athletic trainer plays an important role in the health care system these days. Athletic trainers specialize in five areas: prevention of athletic injuries, recognizing, evaluating, and taking immediate care of an athletic injury, rehabilitation and reconditioning of an athletic injury, health care administration, and education and counseling.

The most common reason for athletic trainers is to help athletes avoid unnecessary medical treatment and disruption of normal daily activities.

The athletic trainers get to know each athlete individually and can treat the athlete's injury appropriately.

"The program is working really well, because the athletes are receptive of the trainers here at Clarke," senior Bridget Kanter said.

Clarke College is getting more familiar with this opportunity for students. In the last seven years the program has increased greatly. This year 14 students are working at getting their certification from the NATA (National Athletic Trainers' Association.)

Out of those 14 students, more than half of them are physical therapy majors.

"I like the program because working every day in the training room helps me learn and understand what I am learning in the classroom," Laura Marshall, physical therapy major, said.

There are two routes to getting certified by the NATA. The first is graduating from an accredited curriculum program, and the second is meeting the required internship set by the NATABOC.

The requirements for Clarke students

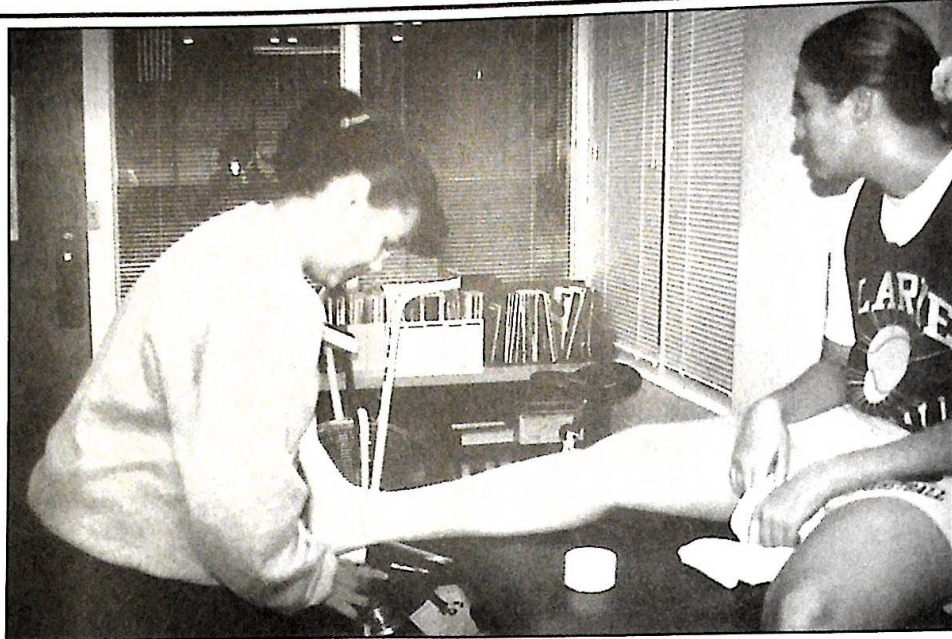


Photo by Evan Siegle

Bridget Kanter, a student trainer, wraps Kristen Green's ankle before basketball practice begins.

are: completing at least 1,500 hours of athletic training experience supervised by a certified athletic trainer, completing the internship in no less than two years or more than five years, completing the required classes, and receiving a bachelor's degree from the college or university where they completed the program.

The physical therapy students only need to take two more classes outside of the required curriculum for their major. These two classes need to be taken at the University of Dubuque or Loras, because they are not offered at Clarke.

"I personally hope that we can make the program more formal academically, so we can offer all the necessary classes at Clarke," Tony Breitbach, head athletic trainer, said.

Becoming a certified athletic trainer is time-consuming. Since it is not a major, the students need to concentrate on their majors while meeting the requirements to become an athletic trainer. "It is a tribute

to the students because they are balancing out what they have to do. They are managing to get their athletic training certificate on their own, I can only encourage them," Breitbach said.

The student trainers' day may vary. Their tasks include taping, stretching, icing, ultrasounds, electric stimulation, stocking supplies, and cleaning. Before games they get the team benches set up, which include towels, water and the blood kit.

After being certified they are able to work in public and private schools, which can lead to teaching classes in various academic subjects, at colleges and universities, or working professional sports.

"Working my way up to the advanced level of athletic training, I am able to be a trainer for the Clarke soccer teams and softball team. It has been a great experience for me, it allows me to get prepared for the real world of being a certified athletic trainer," senior Kristen Green said.

Athlete of the week

By Jeni Green

Allison Christianson, a junior from Iowa City, Iowa, has been chosen as this week's Athlete of the Week for her accomplishments on the women's basketball team.

Christianson, or 'Boot' as most people know her, was named to the All-Tournament team at the University of Dubuque's Holiday Classic Basketball Tournament held during Thanksgiving break. Throughout the two basketball games against Mt. St. Clare and the University of Dubuque, Christianson averaged 16.0 points per game while shooting 43 percent from the field. She also grabbed 7 rebounds and had 4 steals.

Through the first five games of the season Christianson is leading the lady Crusaders in scoring averaging 13.2 points per game for an overall total of 66 points. She is also among the leaders in rebounding with 3 rebounds a game, 2 blocks per game and an average of 1.80 steals per game.

On Friday, Nov. 28, the women defeated Mt. St. Clare 73-45. Christianson led Clarke in scoring with 15 points.

On Saturday, Nov. 29 the Crusaders lost the Holiday Classic championship game to the University of Dubuque 65-61. Christianson led Clarke in scoring again with 17 points in the game. ♦

Women's basketball record 3-2

By Whitney Smith
Women's Basketball

The women's basketball team has a 3-2 record after the Thanksgiving break. Leading the Crusaders in points this season is Allison Christianson with 66, followed by Deann Trapp with 45, Jill Christopher with 44, and Julie Bex with 40. Bex also leads the team in steals with 22, followed by Melissa Sohre's 16. Trapp leads the Crusaders with 32 rebounds and Christopher leads in assists with 14. The Crusaders dominated teams with points off the bench, outscoring their opponents 261-155. The women's defense and full court press is tenacious, which has caused their opponents to turn the ball over 115 times.

On Tuesday, Nov. 26 the women hosted Grinnell. The Crusaders won 81-43 causing Grinnell to commit 31 turnovers. Christopher led the team in scoring with 18 including going 5-7 from the three-point arch. Trapp and Kristen Green each put in 10 and Bex and Sohre each had five assists. Allison Lemmer dominated the boards pulling down 7 rebounds in the win.

The women defeated Mt. St. Clare on Friday, Nov. 28 in the University of Dubuque Holiday Tournament. Once again Clarke's defense held true causing 28 turnovers in the 73-45 win. Allison Christianson led the team with 15 points; she was followed by Trapp's 14 points

and 9 rebounds.

The Crusaders lost their second game of the tournament, losing to University of Dubuque 65-61. Once again Christianson led the team with 17 points, Christopher added 15 and Trapp added 10. Carolyn Bell and Bex both led the team in rebounds with 5 each.

Men's Basketball

The men's basketball team traveled to UW-LaCrosse and lost 77-39. Clarke shot only 12 percent in the second half and 23 percent for the game. Jervis Hayes led the team in points with 10 while Jason Carney and Chad Schockemoehl both pulled down 6 rebounds.

On Tuesday, Nov. 26 the men traveled to Cornell losing 65-50. Schockemoehl led the team with 20 points and seven rebounds.

On Saturday, Nov. 30 the men played Monmouth College losing 65-54. Schockemoehl again put in 20 points for the Crusaders. Brett Jondle led the team in in rebounds with seven and assists with three.

The men dropped to a 0-4 record after losing to Knox College on Sunday, Dec.

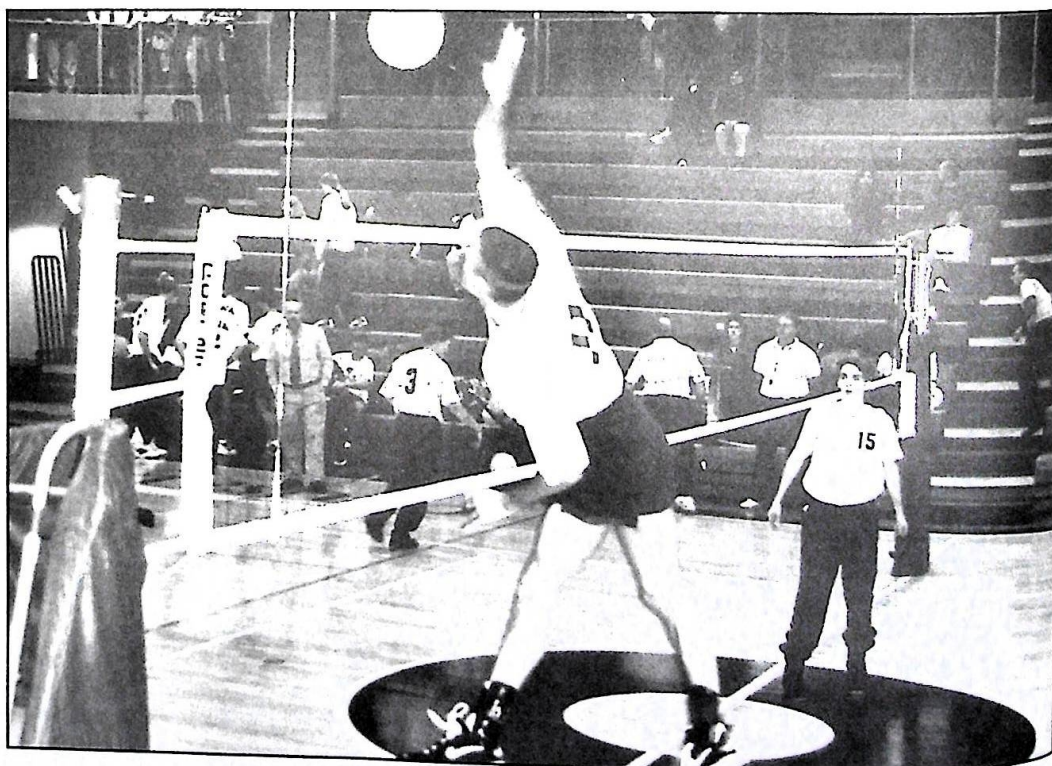


Photo by Evan Siegle

Kevin Cichon sets a ball for Troy Weisgram to hit while warming up before a scrimmage match against the University of Iowa. Clarke won the match in three games.

1. Jondle led the team in points with 10 in the 76-62 loss. Schockemoehl and Carney both pulled down 9 boards for the Crusaders.

Schockemoehl leads the team in points so far this season with 51, followed by Carney's 26. Bobby Squires leads the

team in assists with 12. The Crusaders have showed themselves tough on the boards, out-rebounding their opponents 25-14.

The men play at home on Friday, Dec. 6, taking on Mt. Mercy College. The game will start at 7 p.m. ♦



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Volume LXIX

I'll be

By Katie Kendall
During Christmas break, students are given the opportunity to relax for a month at the end of the semester. Many students will work, prepare for senior performances to be given in the spring, read a few books for pleasure, lounge around the house, most likely, and do nothing but sleep.

Some students however, over the holidays for both personal and school-related activities.

Mike Harvey, junior physics major, will make his journey to New York City to celebrate because that's where my mom lives, the family lives," Harvey said.

Jeremy Haas, sophomore, break plans include a trip to Atlanta, Ga. to visit his sister. there he said he plans on attending Atlanta Hawks basketball game.

Bridget Kanter, senior physics major, said she plans to get a while she is in Florida for the Christmas break.

"My brother works in a dinner type of place so I am going to spend nights waitressing there. However, days will hopefully be spent beach," Kanter said.

A few students find themselves in a distance just to go home.

James Patrick, senior, plans to travel to California to visit his family. "I'm very glad to finally be home," Patrick said.

While at home in California, Patrick also plans to go to Las Vegas for a few days where he hopes to win big money. Jon Rubino, senior english and communications major, also plans to travel out west.

"I'll be working and soaking up the sun in Phoenix, Ariz. where my family lives," Rubino said.

School-related trips seem to be the main reason why students will be traveling this break.

By Maria T. Ortiz-Lleras
Christmas in Latin American countries involves festivities, parties and traditions. All of these are family-oriented activities.

The main days of Christmas in Latin America are Noche Buena (Christmas Eve), Dia de Navidad (Dec. 24), Despedida de Año (Dec. 31), Dia de los Reyes Magos (Jan. 1) and Dia de los Tres Reyes (Jan. 6).

For more than 10 years the Clarke College has celebrated the Christmas season with a variety of activities.